

Greater Quincy Child Care Center

Menu

Monday February 28, 2011	Tuesday March 1, 2011	Wednesday March 2, 2011	Thursday March 3, 2011	Friday March 4, 2011
Early Morning Snack 7:30-8:00				
Milk/Apple Juice	Milk/Fruit Punch	Milk/Apple Juice	Milk/Fruit Punch	Milk/Apple Juice
Goldfish	Graham Crackers	Ritz Crackers	Saltine Crackers	Wheat Thins
Breakfast				
Milk	Milk	Milk	Milk	Milk
Apple Juice	Fruit Punch	Apple Juice	Fruit Punch	Apple Juice
Life Cereal	Rice Krispies	Toast with Cream Cheese and Jelly	Cheerios	Waffles
Lunch				
American Chop Suey and Peas	Tacos	Chicken and Cheese Sandwich with Chicken Rice Soup	Macaroni & Cheese with Broccoli & Cauliflower	Ham & Cheese Sandwich with Cucumbers, Tomatoes
Hamburg	Hamburg/Cheese	Chicken/Cheese	Cheese	Ham & Cheese
Tomato/Peas	Salsa, Lettuce		Broccoli/cauliflower	Cucumbers, Tomatoes
Apples /Oranges	Bananas/Apples	Apples/Oranges	Apples/Bananas	Apples/Oranges
Pasta/Bread	Tortilla	Bread	Pasta/Bread	Bread
Milk	Milk	Milk	Milk	Milk
		Chicken Rice Soup		Potato Chips Ranch Dip
AFTERNOON SNACK				
Fruit Punch	Apple Juice	Fruit Punch	Apple Juice	Fruit Punch
Goldfish Crackers	Wheat Thins	Saltines Crackers	Ritz Crackers	Graham Crackers



Greater Quincy Child Care Center

Menu

Week	Monday March 7, 2011	Tuesday March 8, 2011	Wednesday March 9, 2011	Thursday March 10, 2011	Friday March 11, 2011
Early Morning Snack 7:30-8:00					
	Milk/Apple Juice	Milk/Fruit Punch	Milk/Apple Juice	Milk/Fruit Punch	Milk/Apple Juice
	Wheat Thins	Saltine Crackers	Graham Crackers	Goldfish Crackers	Ritz Crackers
Breakfast					
	Milk	Milk	Milk	Milk	Milk
	Apple Juice	Fruit Punch	Apple Juice	Fruit Punch	Apple Juice
	Rice Krispies	Toast with Cream Cheese and Jelly	Life Cereal	Waffles	Cheerios
Lunch					
	Spanish Rice with Chicken and Peas	Ham & Cheese Sandwich with Chicken Rice Soup	Chicken with Rice and Carrots	Meatloaf, Peas and Mashed Potatoes	Chicken and Cheese Sandwich with Broccoli and Dip
	Chicken	Ham/Cheese	Chicken	Hamburg	Chicken/Cheese
	Tomato/Peas	Apples	Carrots	Peas/Potatoes	Broccoli
	Apples /Oranges	Bananas	Apples/Oranges	Apples/Bananas	Apples/Oranges
	Rice/Bread	Bread	Corn Bread	Bread	Bread
	Milk	Milk	Milk	Milk	Milk
		Chicken Rice Soup			Potato Chips Ranch Dressing
AFTERNOON SNACK					
	Fruit Punch	Apple Juice	Fruit Punch	Apple Juice	Fruit Punch
	Ritz Crackers	Wheat Thins	Saltines Crackers	Goldfish Crackers	Graham Crackers



Greater Quincy Child Care Center

Menu

Monday March 14, 2011	Tuesday March 15, 2011	Wednesday March 16, 2011	Thursday March 17, 2011	Friday March 18, 2011
Early Morning Snack 7:30-8:00				
Milk/Apple Juice	Milk/Fruit Punch	Milk/Apple Juice	Milk/Fruit Punch	Milk/Apple Juice
Graham Crackers	Goldfish Crackers	Wheat Thins	Saltine Crackers	Ritz Crackers
Breakfast				
Milk	Milk	Milk	Milk	Milk
Apple Juice	Fruit Punch	Apple Juice	Fruit Punch	Apple Juice
Life Cereal	Rice Krispies	Toast with Cream Cheese & Jelly	Waffles	Cheerios
Lunch				
Meatballs with Tomato Sauce and Pasta	Chicken & Cheese Sandwich with Tomatoes & Cucumbers	Ham & Cheese Sandwich with Chicken Rice Soup	Baked Ziti with Cheese and Green Beans	Fish Sticks with Rice, Peas & Carrots
Hamburg	Chicken/Cheese	Ham/Cheese	Cheese	Fish Stick
Tomato	Tomatoes/Cucumber	Oranges	Green Beans	Peas/Carrots
Apples/Oranges	Bananas/Apples	Apples	Apples/Bananas	Apples/Oranges
Pasta/Bread	Bread	Bread	Pasta/Bread	Rice/Bread
Milk	Milk	Milk	Milk	Milk
	Potato Chips Ranch Dressing	Chicken Rice Soup		
AFTERNOON SNACK				
	Apple Juice	Fruit Punch	Apple Juice	Fruit Punch
	Wheat Thins	Saltines Crackers	Goldfish Crackers	Graham Crackers



Greater Quincy Child Care Center

Menu

Monday March 21, 2011	Tuesday March 22, 2011	Wednesday March 23, 2011	Thursday March 24, 2011	Friday March 25, 2011
Early Morning Snack 7:30-8:00				
	Milk/Fruit Punch	Milk/Apple Juice	Milk/Fruit Punch	Milk/Apple Juice
	Goldfish Crackers	Graham Crackers	Ritz Crackers	Wheat Thins
Breakfast				
No	Milk	Milk	Milk	Milk
School	Fruit Punch	Apple Juice	Fruit Punch	Apple Juice
	Waffles	Toast with Cream Cheese and Jelly	Cheerios	Rice Krispies
Lunch				
Meat Loaf with Rice and Broccoli	Hamburgers with Baked French Fries and Green Beans	Ham and Cheese Sandwich with Chicken Rice Soup	Chicken & Cheese Sandwich with Broccoli	Pizza
Hamburger	Hamburger	Ham/Cheese	Chicken/Cheese	Cheese
Broccoli	Green beans/potato		Broccoli	Tomato
Apples/Oranges	Bananas/Apples	Apples/Oranges	Apples/Bananas	Apples/Oranges
Rice/Bread	Bun	Bread	Bread	Pizza Shell
Milk	Milk	Milk	Milk	Milk
		Chicken Rice Soup	Potato Chips Ranch Dressing	
AFTERNOON SNACK				
	Apple Juice	Fruit Punch	Apple Juice	Fruit Punch
	Goldfish Crackers	Ritz Crackers	Saltines Crackers	Graham Crackers



Greater Quincy Child Care Center

Menu

Monday March 28, 2011	Tuesday March 29, 2011	Wednesday March 30, 2011	Thursday March 31, 2011	Friday April 1, 2011
Early Morning Snack 7:30-8:00				
Milk/Apple Juice	Milk/Fruit Punch	Milk/Apple Juice	Milk/Fruit Punch	Milk/Apple Juice
Goldfish	Graham Crackers	Ritz Crackers	Saltine Crackers	Wheat Thins
Breakfast				
Milk	Milk	Milk	Milk	Milk
Apple Juice	Fruit Punch	Apple Juice	Fruit Punch	Apple Juice
Life Cereal	Rice Krispies	Toast with Cream Cheese and Jelly	Cheerios	Waffles
Lunch				
American Chop Suey and Peas	Tacos	Chicken and Cheese Sandwich with Chicken Rice Soup	Macaroni & Cheese with Broccoli & Cauliflower	Ham and Cheese Sandwich with Cucumbers, Tomatoes
Hamburg	Hamburg/Cheese	Chicken/Cheese	Cheese	Ham/Cheese
Tomato/Peas	Salsa, Lettuce		Broccoli/cauliflower	Cucumbers/Tomatoes
Apples /Oranges	Bananas/Apples	Apples/Oranges	Apples/Bananas	Apples/Oranges
Pasta/Bread	Tortilla	Bread	Pasta/Bread	Bread
Milk	Milk	Milk	Milk	Milk
		Chicken Rice Soup		Ranch Dressing Potato Chips
AFTERNOON SNACK				
Fruit Punch	Apple Juice	Fruit Punch	Apple Juice	Fruit Punch
Goldfish Crackers	Wheat Thins	Saltines Crackers	Ritz Crackers	Graham Crackers



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